



**IF YOU WERE EXPOSED TO SEXUAL, PHYSICAL, OR PSYCHOLOGICAL VIOLENCE, OR FEEL AFRAID, IT IS NOT YOUR FAULT, AND YOU'RE NOT ALONE**

**MEDICAL SUPPORT IN CASE OF SEXUAL VIOLENCE:**

**IN CHISINAU, EMERGENCY UNITS OF:**

Institute of Emergency Medicine,  
1, Toma Ciorba str., Chisinau,  
Tel: **+373 22 250 761**

Institute of Mother and Child,  
93, Burebista str, Chisinau,  
Tel: **+373 22 781 210**

Clinical Municipal Hospital no.1  
„Gheorghe Paladi”,  
20, Melestiu str., Chisinau,  
Tel: **+373 22 273 750, +373 22 270 479**

**IN BALTI, EMERGENCY UNIT OF:**

Balti Clinical Hospital,  
101, Decebal str, Balti,  
Tel: **+373 231 58 697**

**AT THE EMERGENCY UNITS OF ALL THE RAYON HOSPITALS, CALL 112**

**LEGAL SUPPORT**

Free legal advice: **0 800 800 00** Women's Law Centre helpline  
Tel: **+373 22 811 999**, Mobil: **+373 68 855 050**

**COUNSELLING SUPPORT**

Free emotional support and information is available from women's organizations.

For information on your closest women's organization visit the **Coalition 'Life Without Violence'**

<https://stopviolenta.md/>

**CONFIDENTIAL SUPPORT IS AVAILABLE FOR PEOPLE OF ALL NATIONALITIES IN MOLDOVA**

**Free Hotline: 08008 8008**  
**Telephone: +373 22 24 06 24**  
**LA STRADA WOMEN'S GBV HELPLINE**

**POLICE SUPPORT**

**112**

**FREE CONFIDENTIAL SUPPORT IS AVAILABLE**



**If you were exposed to sexual violence, medical help can prevent serious consequences**

It is important to **seek medical support** within the **first 72 hours** of when the violence happened as some treatments only work during that time.

You should not feel judged if you seek emotional support, its normal to want help  
**If you feel unsafe please seek support urgently.**

If you do not wish to leave a person that is harmful to you, you can still access **confidential support**.

**YOUR SAFETY IS IMPORTANT WHILST ON THE MOVE AND IN MOLDOVA**

**VIOLENCE IS NEVER YOUR FAULT EVEN IF YOU TRY TO PREVENT IT**



- Travel and stay with people you know and trust. Inform people you trust about your location.
- Always keep your documents with you and make digital copies.
- Avoid offers that seem untrustworthy. Seek reliable information from trusted sources.
- If you don't feel safe in a place, consider how you can leave it quickly and what you need to take.

Humanitarian assistance, including humanitarian transport and accommodation, is always free and available for more information or to make a complaint see <https://dopomoga.gov.md/> or call the **Green Line 0800 800 11**